

# Find Your Treasure with FCCLA

## Project Ideas Earth 2009



**Earth 2009 is a state program designed to educate today's teens and families about saving the earth through energy and environmental awareness.**

- Sponsor locker clean ups then recycle papers collected**
- Sponsor a recycle fundraiser**
- Collect tabs during lunch for a Ronald McDonald House**
- Collect items that would normally be put in the trash and find creative ways to reuse them**
- Search web sites: Ex. ReGeneration-[regeneration.org](http://regeneration.org), National Recycling coalition- [NRC-recycle.org](http://NRC-recycle.org) search recycling calculator (fun activity)**
- Make a Top 10 list of items to recycle**
- Sponsor a Be Energy Smart Day**
- Research ways to conserve water in Texas**



**Young children have many problems with being overweight because of poor eating habits and lack of exercise. Many children do not limit what they eat, and do not exercise daily.**

- ☛ Create a walking program for the community (walk from Mexico to Canada in miles) where participants can calculate the miles and compete as businesses or families**
- ☛ Create an after school program for children who attend Boys and Girls clubs.**
- ☛ Create an after school program for children who need help in learning about healthy eating habits or an exercise program.**
- ☛ Adopt a classroom--secure buddies within a classroom and work on a student body project together.**







**FCCLA Saves is a program that educates today's teens and families to save money and to make wise financial decisions.**

- 🍁 Participate in the "Life Smarts" competition ([www.lifesmarts.org](http://www.lifesmarts.org))**
- 🍁 Partner with banks and credit unions to work with FCCLA members to provide incentive programs for elementary, middle school and high school students**
- 🍁 Create a financial fitness pamphlet as a part of the information given to all high school students with counselor materials**
- 🍁 Learn how to manage your money wisely by inviting a local bank employee to speak at your local school**
- 🍁 Invite a speaker that has overcome financial problems to tell how he/she was able to change their circumstance and to give advice to students.**








**This is a program which helps families build strong relationships. Families First helps many families grow together and also help members gain leadership skills.**

-  **Improve family meal time by eating as a family**
-  **Have a family night and play games**
-  **Have a workshop based on family communication**
-  **Sponsor a “Mom, Dad, and Me” night to work with young parents on activities to use with babies**



**FACTS helps teens and families learn about the importance of traffic safety. Participants teach their community about driving dangers.**

-  **Conduct a traffic safety seminar**
-  **Invite a guest speaker to speak at your local school.**
-  **Organize a bicycle safety Olympics**
-  **Create brochures about traffic safety and hand them out during lunch**
-  **Using Teens in the Driver’s Seat incentives informs teens of dangers and rewards drivers in parking lots who are buckled up.**



**Students Taking on Prevention is a peer-to-peer outreach initiative that empowers young people to recognize, report and reduce the potential for youth violence.**

- **Sponsor a school assembly**
- **Invite a panel of speakers representing areas of violence (victim, law enforcement and family members)**
- **Create signs of violence awareness and help answer hot lines**
- **Organize a summit, a day or half a day conference created to give students information concerning violence( includes speakers and workshops that cover topics on abuse of alcohol and drug problems and help for individuals involved in different kinds of violence)**



**Career connection is a national FCCLA program that guides young people to link their options and skill for success in careers, families and communities. Through individual, cooperative, and competitive activities members discover their strengths and, target their career goals.**

- **Sponsor Job Fair workshops**
- **Sponsor public speaking workshops**
- **Make pamphlets about career opportunities**
- **Complete a Career Investigation STAR event**