

Find Your Treasure with FCCLA

Power of One

An individual self-directed program, with five units, that acknowledges members who make a difference in their own lives by setting goals and taking action. Here are a few ideas to get you started, but feel free to create your own!!!

A Better You

Improve Personal Traits:

- Improving grades
- Supporting physical fitness
- Handling responsibilities

“Find the Treasure within You” by:

- True Colors/Hidden Treasures- Personality Test
- Map out your food choices- food guide pyramid
- Treasure yourself- reduce stress, have down time, find a hobby

Family Ties

Work on Ways to Improve Family Relationships by:

- Getting along with your family members
- Assuming responsibilities at home
- Involving grandparents and other senior relatives

“Use your map to find your hidden X chromosomes” by:

- Plan a family game night
- Eat together as a family
- Turn off electronics and turn on conversations with family members

Speak Out for FCCLA

Share FCCLA Experiences with Others by:

- Speaking to local community groups
- Promoting FCCLA to potential members

“Share your treasures of success” by:

- Share your wealth of knowledge of FCCLA by writing newspaper articles.
- Speak to local civic groups.
- Create a link for FCCLA activities on your school website.

Take the Lead

Improve Leadership Qualities by:

- Preparing to run for office
- Developing communication skills
- Recruiting new members

“Become the Captain of Your Ship” by:

- Develop relationships with your peers & family
- Consider others opinion
- Serve on a committee and work with others

Working on Working

Sharpen Useful Business Skills by:

- Exploring careers in depth
- Setting up a teen business

“Map out a Successful Career” by:

- Connect the dots to find a career & explore career possibilities
- Set goals for your future
- Secure a part-time job or volunteer to get work experience.

For More Information:

Visit the National FCCLA Website:

www.fcclainc.org

State FCCLA office:

fccla@texasfccla.org

Order your Power of One pin on the National FCCLA website

www.fcclainc.org