

“Route to Success”

Power of One

POWER OF

Power of One units help students find and use their own personal power. Members set their own goals, work to achieve them, and enjoy the results. With all five of the Power of One units you'll definitely be on the route to success. Listed below are a few ideas to help you get started with achieving your Power of One units.

A Better You

Improve yourself:

- Find a new goal for yourself to accomplish
- Find a new hobby
- Break a personal record
- Get more involved in activities that interest you
- Step outside your comfort zone and experience something new
- Become a leader, take action
- Support Physical Fitness

Working on Working

Put your business skills to work:

- Get a part time job
- Volunteer your spare time to a local business or organization
- List long term goals for the future
- Enlighten your peers on important information
- Research your career interest

Speak Out for FCCLA

Inform people about FCCLA:

- Promote FCCLA to potential members at your school.
- Inform the community about FCCLA projects
- Submit articles to local newspapers
- Create a flyer with interesting facts about FCCLA

Family Ties

Improve family relationships:

- Eat dinner together on designated nights
- Suggest a game/ movie night
- Turn off electronic devices and enjoy family company
- Spend more time with siblings

Take the Lead

Improve leadership qualities:

- Develop better communication skills
- Suggest positive ideas to peers
- Start a blog discussing current issues.

For more information visit the National Website: <http://www.fcclainc.org/content/power-of-one/>

order a Power of One book on the National Website: www.fccla-store.org

Power of One Stage Recognition Application

Name : _____ Chapter: _____

Email: _____ Phone Number: _____

Advisors Name: _____ Advisors Email: _____

Power of One Unit: _____ Project Title: _____

Please briefly describe each of the following steps in completing your project.

What was your goal for this project?

How did you carry this project out?

What were the outcomes of your project?

Please email a picture of your project and/or a picture of the Power of One achiever to your region VP of Achievement.

FUEL UP WITH POWER OF ONE!

Region: III
 FCCLA Members Completing Power of One Units
Deadline: January 6, 2012

Mail to: Dustin Gage, Region III VP of Achievement
 Community High School
 C/O Mary Chenault
 P.O. Box 400
 Nevada, 75173
 Phone Number: 972-843-8570
 Fax: 972-843-8415
 E-mail: dustin.gage@texasfccla.org

Chapter: _____ School: _____ Advisor: _____

School Address: _____

Telephone Number: _____ email: _____

List the names of participants completing units of Power of One. Indicate the units completed by checking the appropriate block. Please print clearly. For recognition purposes, please indicate the total number of units completed by each member

Advisors please email a digital group picture of the completers of all five units.

| Name of Member | A Better You | Family Ties | Working On Working | Take The Lead | Speak Out For FCCLA | Total |
|----------------|--------------|-------------|--------------------|---------------|---------------------|-------|
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NOTE: ALL OF THE STUDENTS WHO HAVE COMPLETED ALL FIVE UNITS WILL HAVE RESERVED SEATING AT THE FIRST GENERAL SESSION ON FRIDAY.
 Members who would like the chance to have their best Power of One experience highlighted on stage please complete the Power of One stage recognition application form which can be found on the state website.*